



NORTHERN SUBURBS NETBALL ASSOCIATION

PLAYING-UP GUIDELINES

No player may play in a Grade or Age Group lower to that in which they are registered.

1. A player may only play up twice (2x) **during the Season** without having to move teams. If they play up a third time they will be placed in the lowest graded team that they played up into.
2. A player from a lower grade or age may play in a higher grade or age.
Junior example 12C can play 13E
 13F can play 14C

Senior example D can play for B
3. Junior players graded **A or B** may only play-up in those grades if playing for a higher age group in the Junior Competition.
Junior example 13B can play in 13A, 14A and B, 15A and B
 14A can play 15A and B
4. If playing up in the **same division** only the **lower numbered team** in the same division can fill in for the higher numbered team in the same division.

Playing in Seniors

1. You must be **14 yrs of age and over** to play up into a Senior or Cadet teams
2. Players graded in **14A or 15A** can play in **A & B Senior grades but not Cadets**
3. Players graded **14B or 15B** can play in **A, B, C and Cadet 1 Divisions.**
4. **Cadets 1** can play **A, B and C grade**
5. **Cadets 2, 3, 4 and 5** may play in **all Senior Grades**

Split Rounds

1. When a player plays up for **1 team in a split round** this **will count as 1 game.**
2. If a player plays for **2 different teams** in a split round, it **will count as 2 games.**

